

A Comprehensive Guide For Oral Fluid Drug Testing

Follow Recommended Procedures for Adequate Sample Collection

The indicator included with the saliva collection sponge informs the donor that the appropriate amount of sample has been collected to perform the test. To ensure enough saliva has been collected, the donor should thoroughly swab the mouth in a **circular** motion and avoid biting down on the sponge during this process. Biting the swab may result in breakage of the sample collection device requiring another sample be collected.

Avoid Placing Anything in The Mouth 10 Minutes Prior to Testing

The donor should not eat or drink anything **10 minutes** before collecting a sample and performing the oral fluid test.

Avoid Swallowing During The Sample Collection Process

Donors must not swallow while a sample is being collected.

* Highly viscous saliva can lead to inadequate sampling and erroneous test results. Avoid collecting and testing viscous samples.

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